

Counseling Agencies

*This listing does not list all providers available in the area. Please check your local yellow pages for more services.

Some providers do not accept all insurance plans or Medicaid so when contacting the provider let them know what type of coverage you have.

Adel:

TEAM Restoration counseling 515-238-9010 (Accepts Medicaid, private insurance or private pay)

Atlantic: Southwest Iowa Mental Health Center – 712-241-2606 or 800-458-4403

Bedford:

Crossroads Mental Health Center 641-782-8457 or toll free 800-622-5168

Chariton:

Behavioral Health Center of Southern Iowa 641-774-8484

Lucas County Health Center Counseling Services 641-774-3370

Clarinda:

Waubonsie Mental Health Center 1-800-432-1143

Southwest Iowa Families Inc. 1- 888-486-9599 (Accepts Medicaid and private Insurance)

Corning:

AJ Counseling Services 712-520-0237 (Accepts Medicaid, HAWK-I and Private Insurance)

Crossroads Mental Health Center 641-342-4888 or toll free 1-800-622-5168

Corydon:

Rathburn Area Mental Health Services 641-872-1750

Creston:

Crossroads Mental Health Center 641-782-8457 or toll free 800-622-5168

New Beginnings Mental Health Therapy Services – 641-278-1095

Phipps Family Therapy 641-782-2223

TEAM Restoration counseling 515-238-9010

Perspective Counseling 641-782-6832

Next Step Counseling 641-202-2104

Des Moines Area (including West Des Moines):

Child Guidance Center– 515-244-2267

Children and Families of Iowa 515-288-1981

Mercy Franklin Center 515-271-6111

Unity Point Counseling & Psychiatry Clinic (West Des Moines) 515-241-2300

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Greenfield:

Adair County Mental Health - 641-343-7074

Crossroads Mental Health Center 641-342-4888 or toll free 1-800-622-5168
(Accepts Medicaid, private Insurance and private pay)

Turning Point Counseling Services – 641-780-2718

Lamoni:

Central Iowa In-Home Counseling 515-554-6203 (Accepts Medicaid and insurance)

Mosaic Family counseling 515-724-8920 (Accepts Medicaid and private pay)

Crossroads Mental Health Center 641-342-4888 or toll free 1-800-622-5168
(Accepts Medicaid, private Insurance and private pay)

Behavioral Health Center of Southern Iowa 641-446-2383
(Accepts Medicaid, HAWK-I and Private Insurance)

Lenox:

Crossroads Mental Health Center 641-342-4888 or toll free 1-800-622-5168

Southwest Iowa Families Counseling Services 712-542-3501

Leon:

Central Iowa In-Home Counseling 515-554-6203 (Accepts Medicaid and insurance)

Behavioral Health Center of Southern Iowa 641-446-2383
(Accepts Medicaid, HAWK-I and Private Insurance)

Mt Ayr:

Central Iowa In-Home Counseling 515-554-6203 (Accepts Medicaid and insurance)

Mosaic Family counseling 515-724-8920 (Accepts Medicaid and private pay)

Osceola:

Children and Families of Iowa 641-342-3444

Behavioral Health Centers of Southern Iowa 641-342-9000

Des Moines Pastoral Counseling Center 515-274-4006

Red Oak:

Waubonsie Mental Health Center 1-800-432-1143

Healthy Home Family Services 712-307-6014 (provides services through out SW Iowa)

AJ Counseling Services 712-520-0237 (Accepts Medicaid, HAWK-I and Private Insurance)

Winterset:

Crossroads Mental Health Center 515-462-3105
(Accepts Medicaid, private Insurance and private pay)

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